

# Kirschner Chiropractic and Wellness Centre

Natural Solutions to Common Health Problems

Entering Kirschner Chiropractic and Wellness Centre is like stepping back to a time when things were a bit more simple. The latest addition to Old Florida Village is a perfect example of classic Florida style and charm complemented by modern sensibility and amenities. Doctors of chiropractic Daniel and Jamie Kirschner have created a practice focused on wellness and healing with a menu of services that reads more like a luxury spa resort.

After 10 years spent developing a thriving chiropractic practice in Arcadia, the Kirschners wanted to give their patients more than the typical clinical experience. Their expansion into wellness and body services is a natural extension of the skills they've practiced all along. Offering these treatments in Lake Suzy allows them to serve a wider population, and the setting is second to none. Their mission is to help their patients live well and taking control of their health.

The Kirschners' passion for chiropractic is at the heart of the Centre. Restoring normal structure and function to the body has been a tenet of chiropractic for more than a hundred years. The Kirschners use a revolutionary technique to achieve this goal. Advances in healthcare haven't been limited to hospitals — the Doctors Kirschner use lasers and advanced instrumentation as a regular part of their technique. The use of precise adjustments, myofascial work, detoxification and nutrition are all a part of their repertoire. The Kirschners are serious about their quest to add to their patients' quality of life.

If chiropractic is the heart of the Centre, their ancillary



Jamie & Daniel Kirschner, D.C.'s

services must be the soul. For years during her travels, Doctor Jamie has tracked her ultimate and most exhilarating body treatments. On one of her excursions, she discovered and enlisted the help of Michael Scholes of Lab of Flowers, best known for his rare and exotic essential oils. Scholes has developed lines for some of the most prestigious spas in the world, including the Ritz Carlton of Naples. He has collaborated with Jamie in their menu of massages, wraps and scrubs, which will no doubt be an aromatic delight to all.

The Centre's location on the third tee box of Kingsway Country Club is a most fortunate

situation for all. Doctor Daniel has a particular interest and skill in helping those with sports injuries, and he maintains credentials as a Certified Chiropractic Sports Physician. These skills have led him to study with the elite in his field and have introduced him to cutting-edge conditioning and training methods.

One such method utilizes the Power Plate, an acceleration training device that uses the power of vibration to bring a new dimension to wellness for all ages, lifestyles and physical abilities. This whole body treatment offers a host of benefits, ranging from increased muscle strength and flexibility to reduced pain and soreness and faster recovery.

More each day, what used to be "alternative healthcare" is becoming "par for the course." Most people are looking for ways to maintain the health and vigor they have enjoyed all along. Kirschner Chiropractic and Wellness Centre is a place that has natural solutions to common health problems, helping people achieve that goal.

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